



APD Characteristic Adult Checklist

Name: _____

Date of Birth: _____

Parent(s) Name(s): _____

Date: _____

Please check if you believe you have these traits:

Trait	Yes	No	Trait	Yes	No
Feel confused in noisy places			Reading comprehensive difficulties		
Easily distracted			Short attention span		
Easily flustered or confused			Poor listening skills		
Forgetful			Trouble following instructions		
Have difficulty spelling			Trouble telling where sounds come from		
Messy/tends to lose things			Tires easily		
Mixed up speech sounds			Chronic middle ear infections		
Needs quiet to study			Social difficulties		
Often says "What?" or "Pardon?"			Short-term memory difficulties		
Responds slowly/delayed			Sensitivity to loud sounds		
Speech often unclear/hard to understand			Trouble maintaining proper sequence/order		

Concerns (please check all that apply):

- Academic
- Speech-Language

- Hearing
- Emotional

- Attention
- Other: _____

If you feel that these difficulties are particularly troublesome for you, please contact our clinic for an auditory processing assessment.

